

WATER SAFETY

GOOD PRACTICE EXAMPLE



Please use this template to provide information on any Water Safety initiatives you are doing within your area. Please provide as much relevant information as possible.

if you require any assistance or support in completing this template please contact Bernadine Blair, Evaluation, Funding, and Initiatives Officer:
Bernadine.blair@firescotland.gov.uk

LSO AREA

Stirling, Stirling, Clacks, and Fife

Author and Contact Details (add a contact email or phone number),

WC (Watch Commander) Rachel Rogers rachel.rogers@firescotland.gov.uk

If Public Event: Advise Comms.

email inbox: SFRS.communications@firescotland.gov.uk

9th June 2022

What is the Title of the Initiative?

Lifelines -Water Awareness

Summary

The Lifeline event was developed to reach S6 students. It was designed to provide them with the knowledge and understanding to keep themselves and those around them safe when in, on, or near water. It comprises of practical demonstrations by the SFRS (Scottish Fire and Rescue Service) Swift water rescue teams. Partnership working with Trossachs search and rescue team who specialise in delivering CPR training and the SCF Community Action Team to provide AED (Automated External Defibrillator) and Water safety classroom input. Ideally this event would involve several additional partner agencies such as RLSS, SAS, RNLI (Royal National Lifeboat Institution) to augment the message and shared learning.



Need for Initiative

Commitment to the UK drowning prevention strategy to reduce accidental drowning fatalities.
To increase awareness of everyday risks in, on and around water.
Proactive approach to prevention through education.

Scotland's seventh drowning victim as young dad pulled from loch dies in hospital

Aman Sharma, who has lived in Edinburgh for 10 years, was placed on a ventilator after getting into difficulty at Loch Lubnaig in Stirlingshire while enjoying a sunny day trip on Sunday, July 25.

Stirling council: anger over lifesaving rings theft after drowning tragedies

29th July 2021

The first of the seven fatalities occurred on Friday evening, when a 16-year-old boy died in the water at Balloch Country Park, at the south end of Loch Lomond.

A Police Scotland spokesperson said: "Around 3pm on Sunday, officers were called Loch Lubnaig, near Callander, where a 34-year-old man had gotten into difficulty while in the water.

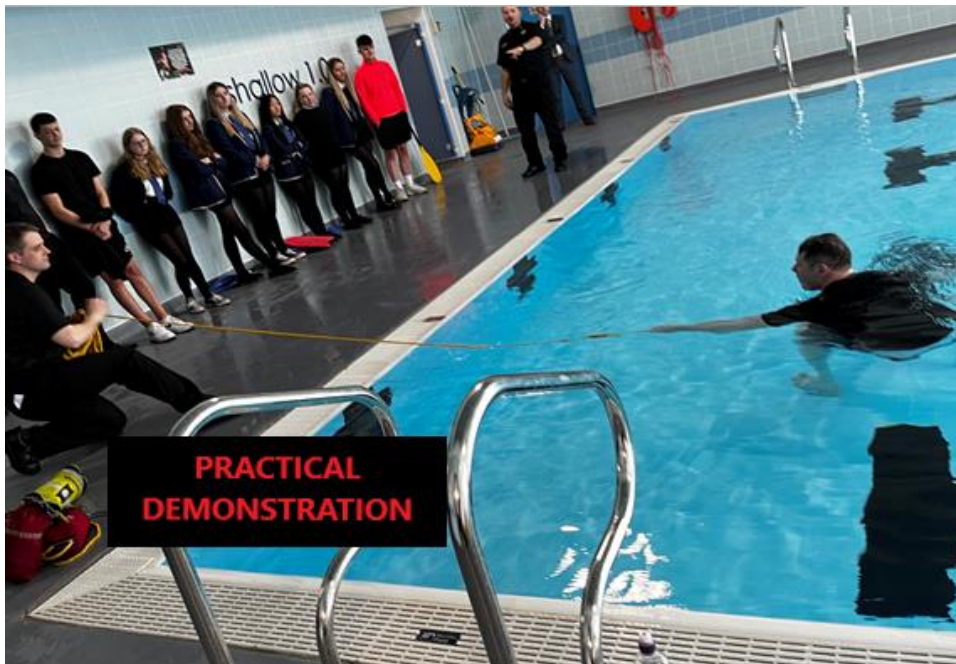
Aims and Objectives

The Lifeline event is a multi-faceted, person-centred safety event which has the following outcomes: -

- Empower young people with lifesaving skills and the confidence to use them
- Educate young people on how to keep themselves and others safe in and around water
- Encourage young people to absorb and share the messages delivered regarding CPR, AED, and Water Safety

Delivery/Activities

20 MINUTES PER SKILL STATION. 5 MINUTE CHANGEOVER TIME





Resources (What resources does the project require? Does the project rely on any other resources, such as staff from other organisations or premises owned/managed by other organisations? What social media platforms were used to promote it?)

- 1 x Fire Appliance
- 5 x SFRS operational personnel (minimum 2 trained to SRT level (or flood responders))
- 2 x SFRS CFS personnel
- 4 x Trossachs search and Rescue or Ambulance personnel (or qualified CPR Instructor)
- 1 x Community Police Officer (optional)
- 4 x School Staff (required to chaperone participants between skill stations)
- 1 x Gym Hall
- 1x Dance Hall
- 1 x Swimming Pool
- 1 x Classroom
- 30 x CPR mannequins (and qty wipes)
- 2 x AED mannequins
- 2 x training AED devices
- 10 x Throwlines

Partner Agencies (include contact details)

secretary@trossachs-sar.com -Trossachs Search and Rescue
leigh.hamilton@lochlomond-trossachs.org Lomond rangers
Karen.palmer2@nhs.scot & patricia.pool@nhs.scot SAS (Stirling)

Successes and Challenges

This event was well received by pupils and staff as demonstrated by the evaluation forms. Many said they had not been aware of the “Float to live” advice or Cold-Water shock. CPR and AED training was delivered successfully. With the support of the CAT team, we appointed timekeepers to ensure that the time allocations were strictly adhered to this assisted in the smooth running of the event. Due to Covid restrictions there was limited time to organise this event which was a challenge.

"I enjoyed all the workshops and thought they were really helpful, thank you 😊"

"I enjoyed learning about how to safely get someone out of water."

"Enjoyed how organised and clear it was with every area covered well"

"I didn't know about the cold-water shock processes"

"I learned how to use a defibrillator and can tell my relatives how to use one"

Impact/Change/Outcomes (has anything changed because of the project? What impact has the project had on participants, the wider community, and your area? Have you produced anything as a result of the project (i.e., reports, guidance etc.)? Were there any unexpected outcomes?)

While it is difficult to assess the impact, 94 S6 (15/16yrs) pupils were engaged with during this event and taught vital lifesaving skills. They were asked to share the information with family and friends to ensure the reach of the event extends beyond those present. This was reiterated through the input given. Information on statistics can be monitored through the Water Incident Database (WAID) for trends and local incident figures through SFRS could assist over a period of time, it will take a few years to identify any trends. An evaluation report and guidance document will be produced to assist with future event development of this project.

Reflections

Establishing dates earlier with the school would have assisted and enabled increased attendance from partner agencies. Keeping the event simple and clear with time limits of 20 minutes worked well keeping the pupils engaged.

Next steps Will this project continue? What are the plans for the project in the future and what is needed for this to happen?

Stirling High School has already requested a date for 2023. This blueprint could effectively be rolled out to other schools that have an onsite swimming pool. Guidance documents including lesson plans and further suggestions have been developed to assist. Explore potential for schools that do not have access to an onsite pool could be paired up with those that do. Consideration will be given to create supporting materials and information on local water sites and associated risks to be distributed at the 2023 events.

Additional Information (include any other relevant information, such as links to other websites or reports)

<https://www.nationalwatersafety.org.uk/strategy>
<https://www.rlss.org.uk/Pages/Category/water-safety-information>
https://rnli.org/pages/water-safety/float?gclid=EAlaIQobChMljM6PhoO5-AIV1e7tCh1f4QhPEAAYASAAEgL8sPD_BwE&qclsrc=aw.ds

Date: 19.6.22

Signed:

